

SNU Recreation & Leisure Opportunities



NORFOLK VETERANS HOME

Location of Events Key:
R – Recreation Room
C – Chapel
CT-Courtyard

Event times and places are subject to change.
Outdoor events are weather permitting!!

Michelle Schommer
Activity Assistant
Office number 370-3403

BARBER ON UNIT
EACH
WEDNESDAY MORNING

Canteen Hours:
8:15-11:30 & 12:00-4:00
Weekdays
Opens at 8:30 on
Wknds/Holidays

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:00 Morning Crafts 12:00 Lunch 2:00 Battle Creek Brass—Rec Rm. 5:00 Group Exercise 5:30 Supper 6:00 TV Time	2 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:00 Coffee on the Patio 12:00 Lunch 2:00 Old Rock N Roll Music—Rec Rm. 5:30 Supper Popcorn for Sale!	3 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Fellowship 12:00 Lunch 2:00 Bingo—Rec Rm. 3:30 Music w/ Dan 5:30 Supper 6:00 Reminisce	4 Independence Day 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:00 Ball Toss 12:00 Lunch 2:00 Patio Time 5:30 Supper 6:00 Current Events	5 6:00 Rise & Shine 7:30 Breakfast & Grooming 9:30 Coffee & Rolls 10:45 Rosary/Mass-C 12:00 Lunch 2:00 Music w/ Lorene 5:30 Supper 6:00 Ball Toss	6 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:45 Ball Toss 12:00 Lunch 2:30 Horseraces and Snacks 3:30 Outdoor Time 5:30 Supper Time 6:00 Lawrence Welk Music Channel 19
7 6:00 Rise & Shine 7:30 Breakfast & Grooming 9:45 Catholic Communion-Pod E 12:00 Lunch 2:00 Family Time 5:30 Supper	8 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:00 Music w/ Hazel 12:00 Lunch 2:00 Drinks on the Patio 5:00 Group Exercise 5:30 Supper 6:00 TV Time	9 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:00 Current Events 12:00 Lunch 2:00 Music w/ Stimulus Czechs 5:30 Supper 6:00 Current Events	10 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Fellowship 12:00 Lunch 2:00 Karaoke Sing-a-long 5:00 Group Exercise 5:30 Supper 6:00 Ball Toss	11 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:00 Reminisce 12:00 Lunch 2:00 Bingo—Rec Rm. 5:30 Supper 6:00 Reminisce	12 6:00 Rise & Shine 7:30 Breakfast & Grooming 9:30 Coffee & Rolls 10:00 Rosary-C 12:00 Lunch 2:00 Drinks on the Patio 5:30 Supper 6:00 TV Time	13 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:45 Ball Toss 12:00 Lunch 2:30 Snacks 3:30 Outdoor Time 5:30 Supper 6:00 Lawrence Welk Music Channel 19
14 6:00 Rise & Shine 7:30 Breakfast & Grooming 9:45 Catholic Communion-Pod E 12:00 Lunch 2:00 Family Time 5:30 Supper	15 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:00 Coffee on the Patio 12:00 Lunch 2:00 Bingo—Rec Rm. 5:00 Group Exercise 5:30 Supper 6:00 TV Time	16 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:00 Travel Video 12:00 Lunch 2:00 E/D Card Bingo 5:30 Supper 6:00 Ball Toss	17 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Fellowship 12:00 Lunch 2:00 Watermelon Feed 5:00 Group Exercise 5:30 Supper 6:00 Reminisce	18 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Trivia Talk 12:00 Lunch 2:00 Desert & Lemonade 3:30 Outdoor Time 5:30 Supper 6:00 Current Events	19 6:00 Rise & Shine 7:30 Breakfast & Grooming 9:00 New Member Coffee-R 9:30 Coffee & Rolls 10:00 Rosary-C 12:00 Lunch 1:30 Pod E/D Bus Ride 5:30 Supper 6:00 TV Time	20 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:45 Ball Toss 12:00 Lunch 2:30 Snacks 3:30 Outdoor Time 5:30 Supper 6:00 Lawrence Welk Music Channel 19
21 6:00 Rise & Shine 7:30 Breakfast & Grooming 9:45 Catholic Communion – Pod E 12:00 Lunch 2:00 Family Time 5:30 Supper	22 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:00 Morning Crafts 12:00 Lunch 2:00 Bingo—Rec Rm. 5:00 Group Exercise 5:30 Supper 6:00 TV Time	23 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Reminisce 12:00 Lunch 1:30 Music w/ Just for Fun 2:15 Ice Cream Sundae's 5:30 Supper 6:00 Reminisce	24 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Fellowship 12:00 Lunch 2:00 Music w/ Julie-Heroes Park Weather Permitting 5:00 Group Exercise 5:30 Supper 6:00 Trivia	25 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Good Old Days 12:00 Lunch 2:15 Horse Races 5:30 Supper 6:00 Current Events	26 6:00 Rise & Shine 7:30 Breakfast & Grooming 9:30 Coffee & Rolls 10:00 Rosary-C 12:00 Lunch 2:00 Bingo –Rec Rm. 5:30 Supper 6:00 TV Time	27 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:45 Ball Toss 12:00 Lunch 2:30 Snacks 3:30 Outdoor Time 5:30 Supper 6:00 Lawrence Welk Music Channel 19
28 6:00 Rise & Shine 7:30 Breakfast & Grooming 9:45 Catholic Communion-Pod E 12:00 Lunch 2:00 Family Time 5:30 Supper	29 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:00 Coffee on the Patio 12:00 Lunch 2:00 Bingo –Rec Rm. 5:00 Group Exercise 5:30 Supper	30 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:00 Travel Video 12:00 Lunch 2:00 Music w/ Glory Land Band 5:30 Supper 6:00 Reminisce	31 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Fellowship 12:00 Lunch 2:00 Birthday Bingo-Rec Rm. 5:00 Group Exercise 5:30 Supper 6:00 Trivia			

July 2019

“Members Living Well”