

SNU Recreation & Leisure Opportunities



NORFOLK VETERANS HOME

Location of Events Key:

R – Recreation Room

C – Chapel

CT-Courtyard

Event times and places
are subject to change. Outdoor
events are weather permitting!!

Michelle Schommer
Activity Assistant
Office number 370-3403

BARBER ON UNIT
EACH
WEDNESDAY MORNING

Canteen Hours:
8:15-11:30 & 12:00-4:00
Everyday!!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 6:00 Rise & Shine 7:30 Breakfast & Grooming 9:45 Catholic Communion-Pod E 12:00 Lunch 2:00 Family Time 5:30 Supper	2 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Reminisce 12:00 Lunch 2:00 Battle Creek Brass—Rec Rm. 4:45 Group Exercise 5:30 Supper 6:00 TV Time	3 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Coffee Talk 12:00 Lunch 2:00 Bingo—Rec Rm. 3:30 Outdoor Time 5:30 Supper Popcorn for Sale!	4 Independence Day 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Fellowship 12:00 Lunch 2:00 Outdoor Time 5:30 Supper 6:00 Reminisce	5 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:45 Group Exercise 12:00 Lunch 2:30 Ice cream 3:30 Music w/ Dan 5:30 Supper 6:00 Current Events	6 6:00 Rise & Shine 7:30 Breakfast & Grooming 9:30 Coffee & Rolls 9:45 Rosary/Mass-C 12:00 Lunch 2:00 Music w/ Lorene 5:30 Supper 6:00 Ball Toss	7 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:45 Ball Toss 12:00 Lunch 2:30 Snacks 3:30 Outdoor Time 5:30 Supper Time 6:00 Lawrence Welk Music Channel 19
8 6:00 Rise & Shine 7:30 Breakfast & Grooming 9:45 Catholic Communion-Pod E 12:00 Lunch 2:00 Family Time 5:30 Supper	9 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:00 Music w/ Hazel 12:00 Lunch 2:00 Outdoor Time 4:45 Group Exercise 5:30 Supper 6:00 TV Time	10 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Coffee Talk 12:00 Lunch 2:00 Root Beer Floats 3:30 Outdoor Time 5:30 Supper 6:00 Current Events	11 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Fellowship 12:00 Lunch 2:00 Movie & Snacks 4:45 Group Exercise 5:30 Supper 6:00 Ball Toss	12 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Reminisce 12:00 Lunch 2:00 Bingo—Rec Rm. 5:30 Supper 6:00 Reminisce	13 6:00 Rise & Shine 7:30 Breakfast & Grooming 9:00 New Member Coffee-R 9:30 Coffee & Rolls 10:00 Rosary-C 12:00 Lunch 2:00 Outdoor Time & Snacks 5:30 Supper 6:00 TV Time	14 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:45 Ball Toss 12:00 Lunch 2:30 Snacks 3:30 Outdoor Time 5:30 Supper 6:00 Lawrence Welk Music Channel 19
15 6:00 Rise & Shine 7:30 Breakfast & Grooming 9:45 Catholic Communion-Pod E 12:00 Lunch 2:00 Family Time 5:30 Supper	16 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Good old Days 12:00 Lunch 2:00 Bingo—Rec Rm. 4:45 Group Exercise 5:30 Supper 6:00 TV Time	17 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Trivia Talk 12:00 Lunch 2:00 Bus Ride Pod E 5:30 Supper 6:00 Ball Toss	18 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Fellowship 12:00 Lunch—E/D Cookout 2:00 Bingo—E/D Dining Rm. 4:45 Group Exercise 5:30 Supper 6:00 Reminisce	19 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:15 Catholic Mass-C 12:00 Lunch 2:15 Trivia & Snacks 3:30 Outdoor Time 5:30 Supper 6:00 Current Events	20 6:00 Rise & Shine 7:30 Breakfast & Grooming 9:30 Coffee & Rolls 10:00 Rosary-C 12:00 Lunch 2:00 Bingo—RR 5:30 Supper 6:00 TV Time	21 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:45 Ball Toss 12:00 Lunch 2:30 Snacks 3:30 Outdoor Time 5:30 Supper 6:00 Lawrence Welk Music Channel 19
22 6:00 Rise & Shine 7:30 Breakfast & Grooming 9:45 Catholic Communion – Pod E 12:00 Lunch 2:00 Family Time 5:30 Supper	23 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Reminisce 12:00 Lunch 2:00 Bingo—Rec Rm. 4:45 Group Exercise 5:30 Supper 6:00 TV Time	24 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Coffee talk 12:00 Lunch 1:30 Music w/ Just for Fun 3:30 Outdoor Time 5:30 Supper 6:00 Reminisce	25 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Fellowship 12:00 Lunch 2:00 Birthday Bingo-Rec Rm. 4:45 Group Exercise 5:30 Supper 6:00 Trivia	26 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:45 Group Exercise 12:00 Lunch 2:15 Bus Ride Pod E 3:30 Outdoor Time 5:30 Supper 6:00 Current Events	27 6:00 Rise & Shine 7:30 Breakfast & Grooming 9:30 Coffee & Rolls 10:00 Rosary-C 12:00 Lunch 2:15 Horse Races 5:30 Supper 6:00 TV Time	28 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:45 Ball Toss 12:00 Lunch 2:30 Snacks 3:30 Outdoor Time 5:30 Supper 6:00 Lawrence Welk Music Channel 19
29 6:00 Rise & Shine 7:30 Breakfast & Grooming 9:45 Catholic Communion-Pod E 12:00 Lunch 2:00 Family Time 5:30 Supper	30 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Good Old Days 12:00 Lunch 2:00 Music w/ Gloryland Band—Rec Rm. 4:45 Group Exercise 5:30 Supper	31 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Trivia Talk 12:00 Lunch 2:00 Bingo—RR 3:30 Outdoor Time 5:30 Supper 6:00 Reminisce	July 2018 “Members Living Well”			