

SNU Recreation & Leisure Opportunities



Norfolk Veterans Home

Location of Events Key:

R – Recreation Room

C – Chapel

CT – Courtyard

Event times and places are subject to change.

Michelle Schommer
Activity Assistant
370-3403



Barber Shop on Unit
Each Wednesday



Canteen Hours:
8:15-11:30 & 12:00-3:45
Daily

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 6:00 Rise & Shine 7:30 Breakfast 10:00 Reminisce 12:00 Lunch 2:00 Coffee Time 5:30 Supper 6:00 TV Time <div style="text-align: center;">New Year's Day</div>	2 6:00 Rise & Shine 7:30 Breakfast 10:30 Fellowship 12:00 Lunch 2:30 Root Beer Floats 3:30 Music w/ Dan R. 5:30 Supper 6:00 Reminisce	3 6:00 Rise & Shine 7:30 Breakfast 10:30 Group Exercises 12:00 Lunch 2:00 Horse Races 5:30 Supper 6:00 Current Events	4 6:00 Rise & Shine 7:30 Breakfast 9:30 Coffee Hour-Pod E Lobby 9:45 Rosary & Catholic Mass-C 12:00 Lunch 2:00 Music w/ Lorene 5:30 Supper 6:00 TV Time	5 6:00 Rise & Shine 7:30 Breakfast 10:00 Reminisce 12:00 Lunch 2:00 Coffee Time 5:30 Supper 6:00 Lawrence Welk Music-Channel 19
6 6:00 Rise & Shine 7:30 Breakfast 9:45 Catholic Communion 12:00 Lunch 1:15 Protestant Church-C 2:00 Family Time 5:30 Supper	7 6:00 Rise & Shine 7:30 Breakfast 10:30 Trivia Talk 12:00 Lunch 2:00 Battle Creek Brass-Rec Rm. 4:45 Group Exercise 5:30 Supper 6:00 Reminisce	8 <div style="text-align: center;">POPCORN FOR SALE</div> 6:00 Rise & Shine 7:30 Breakfast 10:30 Current Events 12:00 Lunch 2:00 New Years Resolutions 5:30 Supper 6:00 Ball Toss	9 6:00 Rise & Shine 7:30 Breakfast 10:30 Fellowship 12:00 Lunch 2:00 E Bingo 4:45 Group Exercise 5:30 Supper 6:00 TV Time	10 6:00 Rise & Shine 7:30 Breakfast 10:30 Coffee Time 12:00 Lunch 2:00 Bingo—Rec Rm. 5:30 Supper 6:00 Current Events	11 6:00 Rise & Shine 7:30 Breakfast 9:00 New Member Coffee-Rec Rm. 9:30 Coffee Hour-Pod E Lobby 10:00 Rosary -C 12:00 Lunch 2:00 Reminisce 5:30 Supper 6:00 TV Time	12 6:00 Rise & Shine 7:30 Breakfast 10:30 Reminisce 12:00 Lunch 2:00 Coffee Time 5:30 Supper 6:00 Lawrence Welk Music-Channel 19
13 6:00 Rise & Shine 7:30 Breakfast 9:45 Catholic Communion 12:00 Lunch 1:15 Protestant Church-C 2:00 Family Time 5:30 Supper	14 6:00 Rise and Shine 7:30 Breakfast 10:30 Coffee Time 12:00 Lunch 2:00 Bingo—Rec Rm 4:45 Group Exercise 5:30 Supper 6:00 Reminisce <div style="text-align: center;">Martin Luther King Jr. Birthday</div>	15 6:00 Rise & Shine 7:30 Breakfast 10:30 Reminisce 12:00 Lunch 2:00 E/D Card Bingo 5:30 Supper 6:00 TV Time	16 6:00 Rise & Shine 7:30 Breakfast 10:30 Fellowship 12:00 Lunch 2:00 Hangman 4:45 Group Exercise 5:30 Supper 6:00 Reminisce	17 6:00 Rise & Shine 7:30 Breakfast 10:15 Catholic Mass-C 12:00 Lunch 2:00 Happy Hour 5:30 Supper 6:00 Current Events	18 6:00 Rise & Shine 7:30 Breakfast 9:30 Coffee Hour-Pod E Lobby 10:00 Rosary-C 12:00 Lunch 2:00 Bingo—Rec Rm 5:30 Supper 6:00 TV Time	19 6:00 Rise & Shine 7:30 Breakfast 10:00 Reminisce 12:00 Lunch 2:00 Coffee Time 5:30 Supper 6:00 Lawrence Welk Music-Channel 19
20 6:00 Rise & Shine 7:30 Breakfast 9:45 Catholic Communion 12:00 Lunch 1:15 Protestant Church-C 2:00 Family Time 5:30 Supper	21 6:00 Rise & Shine 7:30 Breakfast 10:00 Coffee Time 12:00 Lunch 2:00 TV Time & Relaxing 5:30 Supper 6:00 Reminisce	22 6:00 Rise & Shine 7:30 Breakfast 10:30 Trivia Talk 12:00 Lunch 1:30 Music Just for Fun 2:30 Canteen Visits 5:30 Supper 6:00 TV Time	23 6:00 Rise & Shine 7:30 Breakfast 10:30 Fellowship 12:00 Lunch 2:30 E Bingo w/ the Kids 4:45 Group Exercise 5:30 Supper 6:00 Good Old Days	24 6:00 Rise & Shine 7:30 Breakfast 10:30 Reminisce 12:00 Lunch 2:00 Horse Races 5:30 Supper 6:00 Current Events	25 6:00 Rise & Shine 7:30 Breakfast & Grooming 9:30 Coffee Hour-Pod E Lobby 10:00 Rosary-C 12:00 Lunch 2:00 Sing-a-long 5:30 Supper 6:00 Reminisce	26 6:00 Rise and Shine 7:30 Breakfast and Grooming 10:00 Reminisce 12:00 Lunch 2:00 Coffee Time 5:30 Supper 6:00 Lawrence Welk Music-Channel 19
27 6:00 Rise & Shine 7:30 Breakfast 9:45 Catholic Communion 12:00 Lunch 1:15 Protestant Church-C 2:00 Family Time 5:30 Supper	28 6:00 Rise & Shine 7:30 Breakfast 10:30 Good Old Days 12:00 Lunch 2:00 Music w/ Glory Land Band 4:45 Group Exercise 5:30 Supper 5:15 Supper 6:00 Reminisce	29 6:00 Rise & Shine 7:30 Breakfast 10:30 Trivia Talk 12:00 Lunch 2:00 Checkers 4:00 Music w/ Kay 5:30 Supper 6:00 TV Time	30 6:00 Rise & Shine 7:30 Breakfast 10:30 Fellowship 12:00 Lunch 2:00 Bingo-Rec Rm. 4:45 Group Exercise 5:30 Supper 6:00 Ball Toss	31 6:00 Rise & Shine 7:30 Breakfast 10:30 Coffee Time 12:00 Lunch 2:00 Banana Splits 5:30 Supper 6:00 Current Events	<h1>January 2019</h1> <p>“MEMBERS LIVING WELL”</p>	