

# SNU Recreation & Leisure Opportunities



## NORFOLK VETERANS HOME

### Location of Events Key:

**R** – Recreation Room

**C** – Chapel

**CT**-Courtyard

Event times and dates are subject to change & weather permitting!



**Barber on Unit Every Wednesday Morning**

**Michelle Schommer  
Activity Assistant  
370-3403**



**Canteen Hours:  
8:15-11:30 & 12:00-4:00  
Daily  
Open at 8:30 on Weekends & Holidays**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>February 2019</h1> <p><i>"Member's Living Well"</i></p>						
<p><b>Super Bowl Sunday</b></p> <p>3 6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 9:45 Catholic Communion-Pod E 12:00 Lunch 2:00 Family Time 5:30 Supper</p>	<p>4 6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:30 Currents Events 12:00 Lunch <b>2:00 Battle Creek Brass-Rec Rm</b> 4:45 Group Exercise 5:30 Supper 6:00 Reminisce</p>	<p><b>Popcorn for Sale!</b></p> <p>5 6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:30 Trivia Talk 12:00 Lunch 2:00 E Bingo 5:30 Supper 6:00 TV Time</p>	<p>6 6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:30 Fellowship 12:00 Lunch 2:00 Ice Cream Sundae's <b>3:25 Music w/ Dan</b> 4:45 Group Exercise 5:30 Supper 6:00 Current Events</p>	<p>7 6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:30 Good Old Days 12:00 Lunch 2:00 Horse Races 5:30 Supper 6:00 Reminisce</p>	<p>1 6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 9:30 Coffee &amp; Rolls-Pod E Lobby 9:45 Rosary/ Mass-C 12:00 Lunch <b>2:00 Ground Hog Social-R</b> 5:30 Supper 6:00 TV Time</p>	<p>2 6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:00 Coffee Time 12:00 Lunch 3:00 Canteen Visits 5:30 Supper 6:00 Lawrence Welk Music-Channel 19</p>
<p>10 6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 9:45 Catholic Communion-Pod E 12:00 Lunch 2:00 Family Time 5:30 Supper</p>	<p>11 6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:30 Good Old Days 12:00 Lunch 2:15 Hangman 4:45 Group Exercise 5:30 Supper 6:00 Reminisce</p>	<p>12 6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:30 Trivia Talk 12:00 Lunch 2:00 TV Time 5:30 Supper 6:00 TV Time</p>	<p>13 6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:30 Fellowship 12:00 Lunch 2:15 Coffee Time <b>5:30 Pancake Supper</b> 6:00 Current Events</p>	<p><b>Valentine's Day</b></p> <p>14 6:00 Rise &amp; Shine 10:30 Trivia Talk 7:30 Breakfast and Grooming 12:00 Lunch 2:00 Bingo—Rec Rm. <b>5:30 Hamburger Feed</b> 6:00 Ball Toss</p>	<p>15 6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming <b>9:00 New Member Coffee-R</b> 9:30 Coffee &amp; Rolls-Pod E 10:00 Rosary-C 12:00 Lunch <b>2:00 Music w/ Lorene</b> 5:30 Supper 6:00 TV Time</p>	<p>16 6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:00 Current Events 12:00 Lunch 3:00 Canteen Visits 5:30 Supper 6:00 Lawrence Welk Music-Channel 19</p>
<p>17 6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 9:45 Catholic Communion-Pod E 12:00 Lunch 2:00 Family Time 5:30 Supper</p>	<p><b>President's Day</b></p> <p>18 6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:00 Coffee Time 12:00 Lunch 2:00 TV Time 5:30 Supper 6:00 Reminisce</p>	<p>19 6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:30 Ball Toss 12:00 Lunch 2:00 E/D Card Bingo. <b>4:00 Music w/ Kay</b> 5:30 Supper 6:00 TV Time</p>	<p>20 6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:30 Fellowship 12:00 Lunch 2:30 Crafts w/ The kids 4:45 Group Exercise 5:30 Supper 6:00 Current Events</p>	<p>21 6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:15 Catholic Mass-C 12:00 Lunch 2:00 Bingo—Rec Rm. 5:30 Supper 6:00 Reminisce</p>	<p>22 6:00 Rise and Shine 7:30 Breakfast &amp; Grooming 10:00 Rosary-C 12:00 Lunch 2:00 Board Games 5:30 Supper 6:00 TV Time</p>	<p>23 6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:00 Coffee Time 12:00 Lunch 3:00 Canteen Visits 5:30 Supper 6:00 Lawrence Welk Music-Channel 19</p>
<p>24 6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 9:45 Catholic Communion-Pod E 12:00 Lunch 2:00 Family Time 5:30 Supper</p>	<p>25 6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:30 Ball Toss 12:00 Lunch <b>2:00 Music w/ Gloryland Band-Rec Rm</b> 4:45 Group Exercise 5:30 Supper 6:00 Reminisce</p>	<p>26 6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:30 Current Events 12:00 Lunch <b>1:30 Music Just for Fun</b> <b>2:15 Root Beer Floats</b> 5:30 Supper 6:00 TV Time</p>	<p>27 6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:30 Fellowship 12:00 Lunch 2:00 Birthday Bingo-Rec Rm. 4:45 Group Exercise 5:30 Supper 6:00 Current Events</p>	<p>28 6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:30 Trivia Talk 12:00 Lunch 2:00 Horse Races 5:30 Supper 6:00 Reminisce</p>		

