QUARTERLY MEMBER **BIRTHDAYS**

MAY

JUNE **JULY**

AUGUST

Chuck J. Bill C. George E. Terry K. Elmer W. Vernon T. Donald E. Bob M. Martin W. Joseph Y. Cherrie S. Kenneth M. Glenn K. Leo T.



Your birthday is a special time to celebrate the gift of 'you' to the world. May your days be filled with all the good things life has to offer . . . health and happiness, dreams fulfilled and a lifetime of adventure. May God bless you.







SIZZLING SUMMER SAFETY TIPS

The transition from a snuggly, stay-inside winter and spring to an active summer outdoors can pose some unique challenges. Be sure to gradually increase your movement and physical activity along with considering the following precautions which will help ensure a safe summer:

- Use bug spray. Stay hydrated. Wear sunscreen
- Be aware of allergies and monitor pollen levels. Sites like the Weather Channel's Allergy Tracker or Pollen.com give daily updates on pollen levels by zip code.
- Use sunglasses to protect your eyes from the sun and keep particles out.
- Dress in layers as temperatures can range widely throughout the day.
- ◆ Wear good shoes. Not only do they make walking more comfortable, but a good slip-proof sole can help prevent falls.

Garden and landscape work call for their own set of precautions:

- Wear closed toes and shoes that do not slip off.
- Watch for trip hazards. During the winter months and spring storms debris falls.
- Do not hesitate to use a cane or walking stick for uneven ground.
- Avoid standing on a ladder or step stool.
- Wear long sleeves, durable pants and gloves. Protect your skin from scratches that might get infected.
- Don't try to do everything in one day. Work for a while then relax for a while. Accidents happen when we are tired which lends to not paying close attention.

A safe summer makes for a SUPER summer!



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Please join us in welcoming our new members. If you see these individuals feel free to introduce yourself and welcome them to WNVH.



Ralph and Betty M.



Michael C.



Debra N



Don E.



Leonard and Norma L





Ken and Sharon M.





Lester T.



FLAG DAY / D-DAY CELEBRATION

OH SAY, CAN YOU SEE, BY THE DAWN'S EARLY LIGHT, WHAT SO PROUDLY WE HAILED AT THE TWILIGHT'S LAST GLEAMING? WHOSE BROAD STRIPES AND BRIGHT STARS. THROUGH THE PERILOUS FIGHT, O'ER THE RAMPARTS WE WATCHED, WERE SO GALLANTLY STREAMING. AND THE ROCKETS' RED GLARE, THE BOMBS BURSTING IN AIR, GAVE PROOF THROUGH THE NIGHT THAT OUR FLAG WAS STILL THERE. O' SAY DOES THAT STAR-SPANGLED BANNER YET WAVE O'ER THE LAND OF THE FREE AND THE HOME OF THE BRAVE. ~ FRANCIS SCOTT KEY ~

Various organizations helped us celebrate Flag Day on June 6th with the 13-fold ceremony presentation, what the flag means to us, a flag poem / proclamation and cake and refreshments. D-Day lunch and picnic along with entertainment was sponsored by the Bayard VFW.















In Remembrance of Those Members Who Kave Passed.



As we express our gratitude, we must never forget that the highest appreciation is not to utter the words but to live by them." ~ John F. Kennedy ~

Ron Coffman U.S. Navy

Lester Thompson U.S. Army

MEMBER'S SPOTLIGHT

Willard Johnson spent over three years on an island on the other

side of the world without communication to his wife Doris May when he was only 21 years old. It was one of the hardest parts about being in the military. Mail took about a month to travel from his wife's home in San Francisco all the way to Papua New Guinea, where he was working on military air craft. Willard, now 102 years old, remembers his days in the military like it was yesterday. "I was over with the U.S. Air Force in the South Pacific area for 38 months, fighting for freedom," he said. "I was a mechanic. I was crew chief on a cargo plane, and I also helped get fighter aircraft ready for combat. I went into the military in March of 1942 and was discharged in December '45." During his time in the military,

Willard and his crew prepared 1,000 P-38 aircraft ready for combat. A few months after the atomic bombs dropped on Japan, Willard was discharged from the military, and he went back to the airplane factory in Wichita. "It was good to be back home with family." Despite being one of the last veterans of WWII in the United States, Willard said he's still going strong. None of the trying times in his life brought him down. All that is thanks to a positive attitude, he said. "I have enjoyed doing what I've been doing all my life. I've had no ups or downs. I've had no quarrels to pick with anybody. I am enjoying life. I've always enjoyed life...What happened yesterday, that's the furthest thing from my mind. I'm looking forward to tomorrow."



Nursing



Martha Lopez Kristel Loutzenhiser Brooke Kramer Lillie Kupfer Nursing



Nursing



Nursing



Please welcome the following new teammates to WNVH.

May ~ June 2022



Raul Garcia-Ortiz Nursing



Jaelyn Wilson Nursina



Samantha Harrell Nursing



R'Yanna Miller-Sanchez Nursing



Alexis Christman Nursing



Jessica Brown Nursina