

Special Needs Unit Calendar of Events



Norfolk Veterans Home

Event times and places are subject to change.

Location of Events Key

R – Recreation

Room

C – Chapel

CT – Courtyard



Michelle Schommer
Activities Assistant
Office number 370-4467



Barber on Unit
Every Monday
Morning

Canteen Hours:
8:15-11:30 & 12:00-4:00
Weekdays
Opens @ 8:30 on Wknds & Holidays

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SEPTEMBER 2022 “Members Living Well”						
4 6:00 Rise & Shine 7:30 Breakfast & Grooming 8:00 Catholic Mass-Channel 65 9:00 Our Savior Lutheran Church-Channel 65 10:00 Protestant Church Services-Channel 4 11:45 Lunch 2:30 Outdoor Time 5:15 Supper	5 LABOR DAY 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:00 Coffee Time 11:45 Lunch 2:00 TV Time 5:15 Supper	6 Popcorn for Sale! 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Morning Stretch 11:45 Lunch 1:45 Feed the Pig 3:00 Catholic Communion 5:15 Supper	7 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Fellowship 11:45 Lunch 2:00 Bingo—Rec Rm. 4:45 Group Exercise 5:15 Supper	8 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Coffee Time 1:15 Grace Lutheran Church-C 11:45 Lunch 2:00 TV Time 5:15 Supper	9 6:00 Rise & Shine 7:30 Breakfast & Grooming 9:30 Coffee Hour-Pod E 10:30 Rosary-C 11:45 Lunch 1:00 Music in The Park & Ice Cream 5:15 Supper	10 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 TV Time 11:45 Lunch 2:00 TV Time 5:15 Supper 6:30 NE vs GA Southern
11 PATRIOT DAY 6:00 Rise & Shine 7:30 Breakfast & Grooming 8:00 Catholic Mass on Channel 65 9:00 Our Savior Lutheran Church-Channel 65 10:00 Protestant Church Service-Channel 4 11:45 Lunch 2:30 Outdoor Time 5:15 Supper Grandparents Day	12 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Men's Coffee Talk 11:45 Lunch 2:00 Music with John Johnson-Heroes Park 4:45 Group Exercise 5:15 Supper	13 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Morning Stretch 11:45 Lunch 1:30 Ladies Manicures 3:00 Catholic Communion 5:15 Supper	14 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Fellowship 11:45 Lunch 2:30 Pod E Card Bingo w/ Laree & Kids 4:45 Group Exercise 5:15 Supper	15 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Coffee Time 11:45 Lunch 2:00 Bingo—Rec Rm. 5:15 Supper	16 6:00 Rise & Shine 7:30 Breakfast & Grooming 9:30 Coffee Hour-Pod E 10:30 Rosary-C 11:45 Lunch 2:00 Music in the Park w/ Stonehouse 5:15 Supper	17 6:00 Rise & Shine 7:30 Breakfast & Grooming 11:00 NE vs Oklahoma 11:45 Lunch 2:30 Snacks 5:15 Supper 6:00 Lawrence Welk-Channel 19
18 6:00 Rise & Shine 7:30 Breakfast & Grooming 8:00 Catholic Mass on Channel 65 9:00 Our Savior Lutheran Church-Channel 65 10:00 Protestant Church Service-Channel 4 11:45 Lunch 2:30 Outdoor Time 5:15 Supper	19 6:00 Rise and Shine 7:30 Breakfast & Grooming 10:30 Men's Coffee Talk 11:45 Lunch 2:00 Horse Races 4:45 Group Exercise 5:15 Supper	20 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Morning Stretch 11:45 Lunch 1:45 Desert Day 3:00 Catholic Communion 5:15 Supper	21 6:00 Rise and Shine 7:30 Breakfast & Grooming 10:30 Fellowship 11:45 Lunch 2:00 Guess the Phrase 4:45 Group Exercise 5:15 Supper	22 AUTUMN BEGINS 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Ladies Devotions 11:45 Lunch 1:15 Christ Lutheran Church-C 2:00 Ring Toss 5:15 Supper	23 6:00 Rise & Shine 7:30 Breakfast & Grooming 9:30 Coffee Hour-Pod E 10:30 Rosary-C 11:45 Lunch 2:00 Bingo—Rec Rm. 5:15 Supper	24 6:00 Rise and Shine 7:30 Breakfast & Grooming 10:30 TV Time 11:45 Lunch 2:30 Snacks 5:15 Supper 6:00 Lawrence Welk-Channel 19
25 6:00 Rise & Shine 7:30 Breakfast & Grooming 8:00 Catholic Mass on Channel 65 9:00 Our Savior Lutheran Church-Channel 65 10:00 Protestant Church Service-Channel 4 11:45 Lunch 2:30 Outdoor Time 5:15 Supper	26 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Men's Coffee Talk 11:45 Lunch 2:00 Music w/ Lorene—E/D Dining Room 4:45 Group Exercise 5:15 Supper	27 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Patio Time 11:45 Lunch 1:30 E/F Bus Ride 3:00 Catholic Communion 5:15 Supper	28 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Fellowship 11:45 Lunch 2:00 Birthday Bingo-Rec Rm 4:45 Group Exercise 5:15 Supper	29 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Ladies Devotions 11:45 Lunch 2:00 Corn Auction-Rec Rm 5:15 Supper	30 6:00 Rise & Shine 7:30 Breakfast & Grooming 9:30 Coffee Hour-Pod E 10:30 Rosary-C 11:45 Lunch 2:00 TV Time 5:15 Supper	8:00 ROSARY ON CHANNEL 65 MONDAY-SATURDAY 8:10 DAILY MASS ON CHANNEL 55

