

SNU Recreation & Leisure Opportunities



NORFOLK VETERANS HOME

Location of Events Key:

R – Recreation
Room
C – Chapel
CT-Courtyard



Event times and places are
subject to change.
Outdoor events are weather
permitting!!

Michelle Schommer
Activity Assistant
Office number 370-4467



BARBER ON UNIT
EVERY
WEDNESDAY

Canteen Hours:
8:15-11:30 & 12:00-4:00
Weekdays
Opens @ 8:30 on Wknds/
Holiday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July 2021 “Members Living Well”						
Independence Day 4 6:00 Rise & Shine 7:30 Breakfast & Grooming 8:00 Catholic Mass-Channel 35 9:00 Lutheran Church Service on Channel 35 11:45 Lunch 2:00 Family Time 5:15 Supper 6:00 Mass on Channel 85	5 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:00 Coffee Time 11:45 Lunch 4:45 Group Exercises 5:15 Supper	6 Popcorn for Sale! 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:00 Ladies Manicures 11:45 Lunch 2:00 Horse Races 5:15 Supper	8:00 Rosary on Channel 85 Monday -Saturday 8:10 Daily Mass on Channel 35 7 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Fellowship 11:45 Lunch 2:00 Root Beer Floats 4:45 Group Exercises 5:15 Supper	1 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Ladies Devotions 11:45 Lunch 1:00 Grace Lutheran Church Service-C 2:00 Sing-a-Long 5:15 Supper	2 6:00 Rise & Shine 7:30 Breakfast & Grooming 9:30 Rolls & Coffee 11:45 Lunch 2:00 Bingo 5:15 Supper	3 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:00 TV Time 11:45 Lunch 2:30 Snacks 5:15 Supper Time 6:00 Lawrence Welk Music Channel 19
11 6:00 Rise & Shine 8:00 Catholic Mass-Channel 35 7:30 Breakfast & Grooming 9:00 Our Savior Lutheran Church on Channel 35 11:45 Lunch 2:00 Family Time 5:15 Supper 6:00 Mass on Channel 85	12 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:00 Coffee Time 11:45 Lunch 4:45 Group Exercise 5:15 Supper	13 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:00 July Trivia 11:45 Lunch 2:00 Feed The Pig 5:15 Supper	14 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Fellowship 2:00 Bus Ride 11:45 Lunch 4:45 Group Exercise 5:15 Supper	15 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:00 Coffee Time 11:45 Lunch 2:00 Snacks 5:15 Supper	16 6:00 Rise & Shine 7:30 Breakfast & Grooming 9:30 Coffee & Rolls 10:30 Rosary-C 11:45 Lunch 2:00 Bingo 5:15 Supper	17 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:00 TV Time 11:45 Lunch 2:15 Guess The Phrase 5:15 Supper 6:00 Lawrence Welk Music Channel 19
18 6:00 Rise & Shine 7:30 Breakfast & Grooming 8:00 Catholic Mass-Channel 35 9:00 Our Savior Lutheran Church on Channel 35 11:45 Lunch 2:00 Family Time 5:15 Supper 6:00 Mass on Channel 85	19 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:00 Coffee Time 11:45 Lunch 4:45 Group Exercise 5:15 Supper	20 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:00 Ladies Manicures 11:45 Lunch 2:00 Outdoor Time & Lemonade 5:15 Supper	21 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Fellowship 11:45 Lunch 2:00 Red Hat Ladies Social 4:45 Group Exercise 5:15 Supper	22 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Ladies Devotions 11:45 Lunch 1:00 Christ Lutheran Church Service-C 2:00 Canteen Visits 5:15 Supper	23 6:00 Rise & Shine 7:30 Breakfast & Grooming 9:30 Coffee & Rolls 10:30 Rosary-C 11:45 Lunch 2:00 Bingo 5:15 Supper	24 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:00 TV Time 11:45 Lunch 2:30 Snacks 5:15 Supper 6:00 Lawrence Welk Music Channel 19
25 6:00 Rise & Shine 7:30 Breakfast & Grooming 8:00 Catholic Mass-Channel 35 9:00 Our Savior Lutheran Church on Channel 35 11:45 Lunch 2:00 Family Time 5:15 Supper 6:00 Mass on Channel 85	26 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:00 Coffee Time 11:45 Lunch 4:45 Group Exercise 5:15 Supper	27 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:00 Reminisce 11:45 Lunch 2:00 Monthly Birthday Party 5:15 Supper	28 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Fellowship 11:45 Lunch-Hot Dog & Hamburger feed 2:00 Bus Ride 4:45 Group Exercise 5:15 Supper	29 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:00 Coffee Time 11:45 Lunch 2:00 Snacks 5:15 Supper	30 6:00 Rise & Shine 7:30 Breakfast & Grooming 9:30 Coffee & Rolls 11:45 Lunch 2:00 Music w/ Lyla 5:15 Supper	31 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:00 TV Time 11:45 Lunch 2:15 Horse Races 5:15 Supper 6:00 Lawrence Welk Music Channel 19