



# The Eagle Newsletter



August 2020

Eastern Nebraska Veterans' Home, 12505 S. 40th Street, Bellevue NE 68123 402-595-2180



We are in the sixth month of the Pandemic COVID-19. And it is September. It seems like we have missed summer. Fall will soon be upon us and short of Halloween decorations starting to appear it won't be long before Christmas. Can we get a re-start of 2020?

Numbers up, numbers down. Tracking positive cases by County and making comparisons by looking at a map. The real truth is it remains an invisible enemy that we must take pre-cautions to keep everyone safe and healthy.

It leaves us to continue to monitor for fever and signs and symptoms of infection. We are officially in Phase II and will test all employees the second week of September. We will offer residents to be tested if they want. To date there have been two staff and one contracted staff who have tested positive. The facility has followed protocols for each and to date no resident has tested positive.

I did come across a skit George Carlin did back in his prime. He was noted for some dark comedy and parody in his routines. Often he was on the edge but this one seems to summarize what's going on in a crazy time during this Pandemic of 2020. I took this from my Motivational files that I keep treasures like this to share. The work is surely George Carlin, comedian of the 70's and 80's.

The paradox of our time in history is that we have taller buildings but shorter tempers, wider freeways, but narrower viewpoints. We spend more, but have less, we buy more, but enjoy less. We have bigger houses and smaller families, more conveniences, but less time. We have more degrees, but less sense, more knowledge, but less judgement, more experts, yet more problems, more medicine, but less wellness.

We drink too much, smoke too much, spend too recklessly, laugh too little, drive too fast, get too angry, stay up too late, get too tired, read too little, watch TV too much, and pray too seldom.

We have multiplied our possessions, but reduced our values. We talk too much, love seldom, and hate too often.

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We've learned how to make a living, but not a life. We've added years to life not life to years. We've been all the way to the moon and back, but have trouble crossing the street to meet a new neighbor. We've conquered outer space but not inner space. We've done larger things, but not better things.

We've cleaned up the air, but polluted the soul. "We've conquered the atom, but not our prejudice. We write more, but learn less. We've learned to rush, but not to wait. We build more computers to hold more information, to produce more copies than ever, but we communicate less and less.

These are the times of fast foods and slow digestion, big men and small character, steep profits and shallow relationships. These are the days of two incomes but more divorce, fancier houses, but broken homes. These are the days of quick trips, disposable diapers, throwaway morality, one night stands, overweight bodies, and pills that do everything from cheer, to quiet, to kill. It is a time when there is much in the storeroom window and nothing in the stockroom. A time when technology can bring this letter to you, and a time when you can choose either to share this insight, or to just hit delete...

He ended this skit stating: Life is not measured by the number of breaths we take, but by the moments that take our breath away. *George Carlin*

Maybe the Pandemic of 2020 allows us to reflect, to think about what we do have, not about what we don't have. Maybe we are forced to slow down and enjoy each other. What if we come out on the other end better people? What if we appreciate those around us, become better neighbors, and look out for each other? Gives us all some food for thought.

Thanks George Carlin for your insight, and thank each and everyone one of you for all that you do,

David Williamson

Administrator

Eastern Nebraska Veterans' Home





# Welcome to the Eastern Nebraska Veterans' Home



Admit Date

Name

August 18

Francis R.

August 20

Alton T., Jr.

August 21

Donald N.

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Enola Gay, the B-29 Bomber that was used by the United States on August 6, 1945, to drop an atomic bomb on Hiroshima, Japan, the first time the explosive device has been used on an enemy target. The aircraft was named after the mother of the pilot, Paul Warfield Tibbets, Jr.

# Enola Gay

A recent donation of the model was created by Tim M., US Naval Aviation, Vietnam Era.

The model is displayed within the Town Square. On top of the display case.



Enola Gay  
The Enola Gay.

The B-29 was a four-engine heavy bomber that was built by Boeing. In 1944 the Enola Gay was selected to carry the atomic bomb. It underwent various modifications, such as reinforcements of the bomb bay.

ENVH's Website:

Schedule a Window Visit

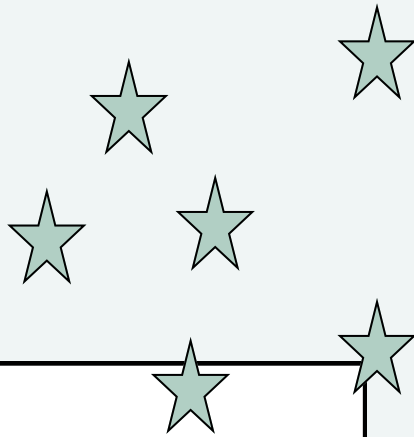
Above: This is what you will see after accessing ENVH's website. You can click on "Schedule a Window Visit" which takes you to the Sign Up Genius website. You can scroll to select the date and open time slot that you want. Then, click on "Submit and Sign Up" to complete the process of providing your contact information. Or you can call: Patti Howe at 402-591-4852. The visits are meaningful to the members!



## Sign Up Genius: Family Window Visits

ENVH	9:00am - 9:30am	Family Member	<a href="#">Sign Up</a>
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[Submit and Sign Up](#)



### Member Spotlight

We are shining a spotlight on.....

**Thank you for your  
service to the United  
States of America**

**We are honored to  
serve those who  
served!**

- Karan D.....Allegiance
- Marvin D.....Dedication
- Louis B.....Motivation
- Carroll R.....Service



# STEPS ACROSS NEBRASKA

Nebraska is about 430 miles long and 210 miles wide so we are planning on traveling across the state. Can members or staff cross the state first? Follow along with the step counts on the Nebraska map in town square.

**Who-** All ENVH members and staff are welcome to join in the fun

**When-** September 1- September 30

**How does it work** – Keep track of all your steps and the amount of time you exercise and turn into Sarah Ryan or at the box at the front desk.

**How do I keep Track** – Get Step Counter from activity staff or gym staff to keep track of steps. Fill out weekly tracker with the amount of steps you have taken, the amount of steps on the nu steps, or the amount of time you spend exercising (1 mile per 30minutes of exercise). Activity staff will keep track of the amount of activities you participate in and you will receive .5 miles for each activity.

**I'm in a wheelchair how can I participate-** Nu step in the gym, coming to an activity, any time staff takes you around the building it counts as your steps, and keep track in 15 minute blocks the time you work out.

**Prizes-** Due to COVID we will be unable to have the Nebraska auction this year so we will allow the member with the most amount of miles to pick first from the items and then move on to other members based on miles you complete.

## Family Council Corner:

This is a wonderful group of family members who meet at the Home on the **2nd Thursday** each month at **10:00 a.m.**

They discuss many issues concerning members and their families. They are a good support system for each other.

**Meetings are on hold during this time**

Please plan to join them and to see what it's all about.

Family Council President: Mrs. Jean Funkhouser

For more information, please contact Social Services by asking for Kari, Lynda or Paul

## Ombudsman's Corner:

Ombudsmen are dedicated to enhancing the lives of long term care residents.

Ombudsmen:

- Advocate for residents' rights and quality care
- Educate consumers and providers
- Resolve residents' complaints
- Provide information to the public

If any member wants to visit with Pat, she is available to meet with you via the window visits, too.

ENVH's Ombudsman: **Pat Holstein**

**402-444-6536**



# Veteran's Memorial Garden Brick Form Eastern Nebraska Veterans' Home

Now is the time to purchase your brick to be installed in the Veteran's Memorial Garden at the Eastern Nebraska Veterans' Home.

Bricks may be purchased in honor or memory of a loved one, the name of your organization or business, or you may simply want to thank a veteran!

You may purchase your brick donation using the form below for \$100. There are 14 characters on each line and there are 3 lines on each brick.



.....  
Name of person donating brick: \_\_\_\_\_

Email address: \_\_\_\_\_

Phone number: \_\_\_\_\_

Make checks payable to: **American Legion Benson Post 112/Memorial Brick Fund**

*Please provide the exact wording you would like on the brick:*

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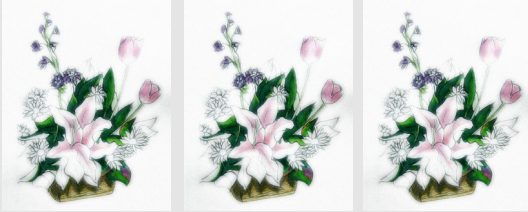
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Bricks may be purchased by mailing a \$100 check or money order per engraved brick to:

**Benson Post 112, American Legion, P.O. Box 4084, Omaha, NE 68104.**

*Contact Bruce Husted at 402-981-6820 with any questions.*

In  
Loving  
Memory  
Of...



Helga C.  
Bill I.

## Chaplain's Corner

Chaplain

Dale Powell

### Weekly Services are held in the Chapel

(All services within the Chapel are  
on hold during this time)

However, we are conducting:

Mini-services within each Neighbor-  
hood on Sunday mornings.  
Please check the daily sheet for  
dates and times.

As we navigate our way through this covid-19 season and the anxieties that so easily come, I am reminded of a background story to an old hymn. African American pastor Charles Tindley was born into slavery in 1851 but by the age of 51 he became pastor of a Methodist church in Philadelphia that increased to a membership of 12,500. Once one of his members came to him for counsel. She was loaded down with troubles and didn't know what to do. Tindley advised her, "Put all your troubles in a sack; then take them to the Lord and leave them there." After the woman left, he went to his study and penned the words to this gospel song: "Take your burden to the Lord and leave it there." Good advice that never grows old!