

Liberty Express

Central Nebraska Veterans' Home, 4510 E. 56th St., Kearney, NE 68847 (308) 865-6000

"Do Small Things With Great Love" -Nancy Klimek, Activity Manager

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Living and working together throughout this Pandemic has been a challenging experience for everyone, and we've also learned much about ourselves in the process. The following quote from *Mother Teresa* has inspired me for years, and I feel it continues to be relevant as we face the enormity of these challenges:

"Not all of us can do great things, but we can do small things, with great love."

- Mother Teresa



I have seen this perspective in action throughout my career, and especially in this past year. Members being kind and supporting each other when we were locked down and couldn't have visitors on campus—*Teammates* helping out by doing tasks outside their regular duties, to provide quality care and services in spite of staff shortages—Volunteers providing donations and programming to add to the members' quality of life—All of these are examples of caring people "doing small things, with great love".

And it often turns out that the "small things", actually become "great things". Each individual's act of self-sacrifice, kindness and love, collectively transforms into a "great thing" to behold.

We have no control over how this Pandemic will continue to impact our lives, so we can only focus on those things over which we do have some measure of control focus on the small things—and do it with great love!

We continue to plan a variety of activities and special events as summer gradually leaves us and autumn days start to arrive. We currently are able to have a limited number of volunteers on campus to assist with programming, for which we are extremely grateful!

As with everything that is "planned" this past year, we will modify or adapt as needed, and we appreciate everyone's compliance with safety protocols that we have in place due to the Pandemic. These protocols can change quickly, so we will strive to communicate any changes as soon as possible.

Members should refer to their Neighborhood calendars for activities specific to their buildings. Some of the fun events we hope you'll enjoy this month are:

- Classic Car Display—Although we won't be able to have our large Car & Bike Show, we do have a small variety of classic cars scheduled to be on display on Thursday, September 9th by the Freedom Hall patio/lakeside area.
- Dinosaur Days! We have a variety of events planned for September 14th-16th around this theme! (ALA)



- Constitution Day Bingo & Bell Ring*ing*—September 17th. (D.A.R.)
- Oktoberfest Party—September 21st live music, food and beverages planned! - (Elks)
- **Bingos**—Check calendar for dates/ times (various organizations)

Bring your smiles (behind your masks!) and join us for some fun times!



Administration Notes

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Dedication of "Never Forget Garden"

A special ribbon-cutting ceremony was held for the dedication of the "Never Forget Garden" at Central Nebraska Veterans' Home, sponsored by the D.A.R. in observance of the 100th anniversary of the Tomb of the Unknown Solider. This touching memorial with a special plaque and white roses graces the lawn just south of our









We were pleased to celebrate with four of our members today for being in the Centenarian Club. Wilma Kellogg, Carl Hagan, Ken Lovejoy were joined by Norma McKeehan and all were heartily congratulated at a special party held to recognize this amazing milestone!







Member of the Month: Don Marshall

Don Marshall was selected as the "Member of the Month" by the CNVH Member Council. Don was born and raised in Spalding, Nebraska. After graduating from high school, he also attended one year of trade school in Milford for body work.



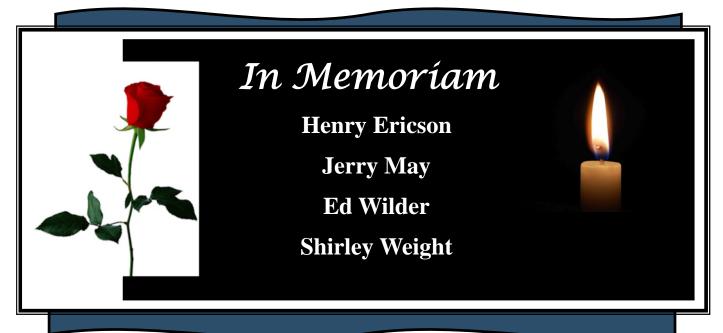
Don enlisted in the Army in December 1966 and served in transportation and supply for three years. He recalls taking a boat to Vietnam—the U.S.S. Geiger—and it took 28 days to cross the Pacific Ocean. They ran into the tail end of a typhoon, which tossed them around a lot. He was working kitchen duty during the typhoon and he said it was quite the experience, before they even arrived in Vietnam! Don was in Vietnam for a year.

Don's main occupation has been working on car bodies, truck driving, farming and cutting iron. His favorite hobbies are wood working, hunting and fishing. Don was married in the Lutheran church and has four children, ten grandchildren and five great grandchildren. Sadly, one of his sons recently died in a car wreck this winter.

Don's favorites include T-bone steak and a brand new 1950 Ford. He fondly remembers two family vacations that he took in his Ford, to Mt. Rushmore and to the Tetons and Rocky Mountains.

Don states that the best thing about living at CNVH is that all the staff are great to be around and really have a heart of gold for the veterans. Congratulations, Don, for being selected "Member of the Month"!





Fair Time Fun At C.N.V.H.!













Activity staff competed in a basketball toss carnival game during bingo to try and win extra prizes for their designated section of members. Ken Robinson was the champion!





Since we weren't able to take members to the local fairs due to the Pandemic, we brought the fair to C.N.V.H. instead!

From Fair Time Bingo & cotton candy provided by the American Legion Auxiliary, to creating a County Fair Exhibit Hall, to having a tractor display on campus, everyone enjoyed their time at the fair!





Always A Fun Time At The Fair!



Members entered items into the Buffalo County Fair and received many ribbons. Those awarded a blue ribbon have been entered in the Open Class at the Nebraska State Fair, and we look forward to learning their results! All of their entries were on display at our "Exhibit Hall" during our Fair Time activities.







Special thanks to all who contributed items to put on display!

Also to our friends that loaned us their tractors for the day!











Kool-Aid Days at the Veterans' Home!



The American Legion Auxiliary helped us celebrate our own version of "Kool-Aid Day" at the Vets Home, complete with a Kool-Aid Stand, Cherry Kool-Aid Chocolate Chip Cookies, and a Bingo with special prizes.

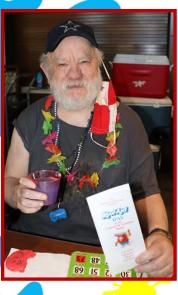
We all shared memories of serving and drinking this delicious beverage that was invented by a fellow Nebras-kan!















Members Pursue Many Quality of Life Activities Every Day at the Veterans' Home!







Greeting Motorcyclists!

Crafts!





Painting & Woodwork!











Gardening!









Mail To:					



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