



# The Eagle



March 2020

Eastern Nebraska Veterans' Home, 12505 S. 40th Street, Bellevue NE 68123 402-595-2180



ENVH supports Governor Ricketts in urging Nebraskans to follow the **Six Rules to Keep Nebraska Healthy**.

1. **Stay home.** No non-essential errands and no social gatherings. Respect the ten-person limits.
2. **Socially distance your work.** Work from home or use the six-foot rule as much as possible in the workplace.
3. **Shop alone.** Do this only once a week and do not take your family with you.
4. **Help kids social distance.** Play at home, no group sports and no playgrounds.
5. **Help seniors stay at home.** This can be done by shopping for them. Do not visit long-term facilities.
6. **Exercise daily.** Do your best to stay as healthy and safe as you can.

## Background:

Coronavirus disease 2019 (COVID-19) is a respiratory disease caused by a new virus strain that can spread from person to person, causing severe illness including pneumonia in some people.

Symptoms can appear 2 to 14 days after exposure to the virus. The most common symptoms reported are:

*Fever*



*Cough*



*Fatigue*

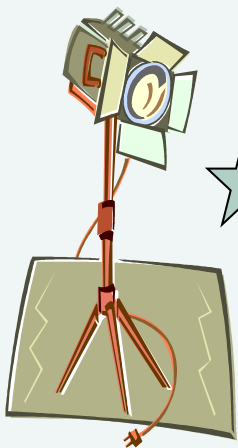


*Shortness of breath or difficulty breathing*



**Welcome to the  
Eastern Nebraska Veterans' Home**

<b>Admit Date</b>	<b>Name</b>
March 30	David G.

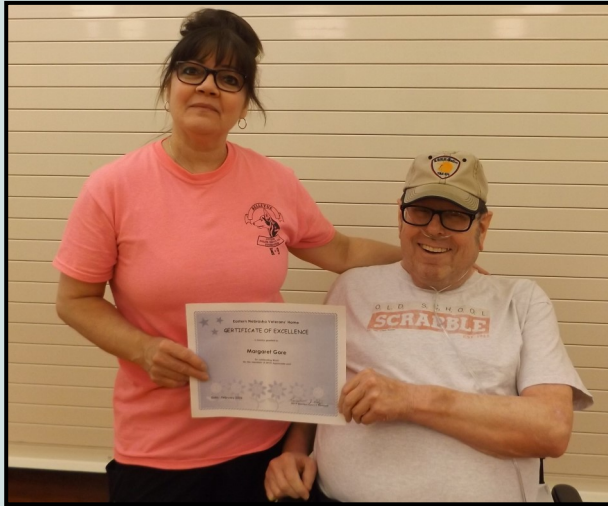


**Member Spotlight**  
We are shining a spotlight on.....

**Thank you for your  
service to the United  
States of America**

**We are honored to  
serve those who  
served!**

- Donovan L.....Allegiance
- Janet W.....Dedication
- Charles S.....Motivation
- Daniel R.....Service



**Certificate of Excellence:**

**Margaret Gore**

**Presented by: Member Council**

**President, Kendall B.**

### Staff Meal Times

**Staff meals will be served at the following times:**

**Breakfast from 8:15-8:30 AM**

**Lunch from 10:30 – 11:00 and**

**12:15 -12:30 PM**

**Supper from 5:15 -5:30 PM**

**Thank you!**

#### Family Council Corner:

This is a wonderful group of family members who meet at the Home on the **2nd Thursday** each month at **10:00 a.m.**

They discuss many issues concerning members and their families. They are a good support system for each other.

**Meetings are on hold during this time**

Please plan to join them and to see what it's all about.

Family Council President: Mrs. Jean Funkhouser

For more information, please contact Social Services by asking for Kari, Lynda or Paul

#### Ombudsman's Corner:

Ombudsmen are dedicated to enhancing the lives of long term care residents.

Ombudsmen:

- Advocate for residents' rights and quality care
- Educate consumers and providers
- Resolve residents' complaints
- Provide information to the public

ENVH's Ombudsman:

**Pat Holstein**

**402-444-6536**



# Veteran's Memorial Garden Brick Form Eastern Nebraska Veterans' Home

Now is the time to purchase your brick to be installed in the Veteran's Memorial Garden at the Eastern Nebraska Veterans' Home.

Bricks may be purchased in honor or memory of a loved one, the name of your organization or business, or you may simply want to thank a veteran!

You may purchase your brick donation using the form below for \$100. There are 14 characters on each line and there are 3 lines on each brick.



.....  
Name of person donating brick: \_\_\_\_\_

Email address: \_\_\_\_\_

Phone number: \_\_\_\_\_

Make checks payable to: **American Legion Benson Post 112/Memorial Brick Fund**

*Please provide the exact wording you would like on the brick:*

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Bricks may be purchased by mailing a \$100 check or money order per engraved brick to:

**Benson Post 112, American Legion, P.O. Box 4084, Omaha, NE 68104.**

*Contact Bruce Husted at 402-981-6820 with any questions.*





Wii Bowling in the Town Square



Playing Texas Hold 'em



Large donation of Bombas Socks from DJ's Dugout



# What to do while being secluded? Take a walk!



Dedication Unit Manager, Lori B. and some of the members of Dedication started their stroll out the back, onto the sidewalk with a goal of walking around the entire facility. They created signs of encouragement and posted the signs on their walkers.





Paul Curtis

## Chaplain's Corner

Chaplain

Dale Powell

**Weekly Services are held in the Chapel**  
(All services are on Hold during this time)

**Sundays:**

9:45 a.m. All Faith Service

10:45 a.m. Catholic Communion

**Mondays:**

9:30 a.m. Devotional Reading  
(held in Service)

10:00 am Devotional Reading  
(held in Allegiance)

**Thursdays:** 10:00 a.m. Bible Study

10:00 a.m. Memorial Services will be held as necessary on the first Thursday of each month.

1:00 p.m. Catholic Mass

**Fridays:** 10:00 a.m. Rosary

The weather is quite often the main focus of our conversations these days. But, as usual, we can talk about it but we can't DO anything about it. Why, we can't always even predict it with total accuracy. But that is like much of life—we have limited control over the things that happen in our life. But we DO have control over the way we respond to our life's circumstances/events. A good place to start is by trusting daily in Jesus, who, on more than one occasion, calmed the storm on the Sea of Galilee while riding in a boat with His disciples. As we trust Him, we will find (as one song expresses it) that "sometimes He calms the storm and sometimes He calms His child."