

To honor all who stand up and speak out for freedom & liberty!



Liberty Express

Central Nebraska Veterans' Home, 4510 E. 56th St., Kearney, NE 68847 (308) 865-6000

February 2020

From Valentines to Leap Year—February Is Packed With Special Events!

-Nancy Klimek, Activity Manager

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and Chinese New
Year



For over 30 years, the the nationally syndicated column started by Ann Landers, now called "Ask Annie," has devoted a column to the National Salute, asking readers to send

Valentine cards and letters to hospitalized Veterans at VA medical facilities, Veterans' Homes, and those currently serving overseas in the Armed Forces. This gives school children, church groups, organizations and individuals the opportunity to thank a veteran through this "Valentines for Veterans" campaign.

As we receive these valentines, we will be distributing them to members in each Neighborhood. Children from Pleasanton Elementary School will be decorating *valentine mail bags* to hang on hooks for every Member's room. Activity staff will deliver the valentines in these sacks as they arrive. Each of these valentines represent a heart felt "thank you" for the service and sacrifice our veterans and their families have made. We hope you enjoy the additional notes and sentiments included in many of them!



We have several Valentine activities scheduled:

* **Sunday, February 2nd**, the V.F. W. & Auxiliary and the M.O.C. & Auxiliary volunteers will be here at 2 p.m. to host *Valentines parties* in the Golf & Hotel Activity Rooms, and in Delta. Members will also receive a monetary gift.

***Saturday, February 15th**—The American Legion & Auxiliary Department 20th will be sponsoring a *Valentine Party* in Freedom Hall at 2 p.m.

Additional special events in February include:

***Candlelight Dinner**—A special noon meal will be prepared for those residing in the *Alpha* and *Bravo Neighborhoods* on Wednesday, February 5th. The following week, it will be served for those residing in the *Delta, Echo* and *Foxtrot Neighborhoods* on Wednesday, February 12th. Members are encouraged to wear "formal attire" for this meal which will be served in a "candlelight" setting, and feature "champagne" served by "waiters and waitresses".



***President's Day** will be celebrated with several activities. *President's Day Trivia packets* will be available in each Neighborhood



over the holiday weekend for members to fill out and return to Activity staff for a chance to win a prize. A *Presidents Bingo* will be held Tuesday, February 18th at 2 p.m. in Freedom Hall sponsored by the American Legion Auxiliary.

*A **Mardi Gras Party** will be held Tuesday, February 25th at 2 p.m. in Freedom Hall sponsored by the Kearney Elks.



BINGO *A **Leap Year Bingo** is scheduled on Thursday, February 27th at 2 p.m. sponsored by the American Legion Auxiliary.



GOVERNOR
PETE RICKETTS

DEPARTMENT OF VETERANS' AFFAIRS DIRECTOR
JOHN HILGERT

CENTRAL NEBRASKA VETERANS' HOME ADMINISTRATOR
ALEX WILLFORD

Administration Notes

Alex Willford, Administrator

alex.willford@nebraska.gov



VOLUNTEER

Volunteering at the Central Nebraska Veterans' Home is very rewarding and we are blessed with a great group of dedicated volunteers who assist with a variety of programs and tasks to help us promote a high quality of life for our members.

In addition to the organizational groups that implement activities, we also recruit individual volunteers to assist in a variety of ways. Individual volunteers are required to fill out an application, a background check, Adult and Child Protection background checks, and must attend a formal orientation. They are then matched with Activity staff to obtain basic training for volunteer visits, setting them up for success.

Volunteer tasks can include assisting with recreational programming, escorting members in wheelchairs to/from areas on campus, assisting in the therapeutic craft department, assisting with library services, friendly visits, or other areas as identified.

Interested in our volunteer program and opportunities?

Please contact: Heidi Darby, Volunteer Coordinator at (308) 865-3473
E-mail: heidi.darby@nebraska.gov.

There are regularly scheduled volunteer orientations, with the next one being held on Wednesday, February 19th at 5:30 p.m. Contact us today to sign up!



Nebraska Department of Veterans' Affairs
TEAMMATE OF THE MONTH - DECEMBER



TINA KARDELL **Health Information Management**

- Tina was nominated and selected because she:
- Is very dependable, kind, patient and organized
 - Is very knowledgeable and will help solve the problem or fix what is wrong.
 - Make members her priority and does what is best for them.





Member of the Month: Arlene Hansen



Arlene Hansen was selected by the CNVH Member Council as the “Member of the Month” for January. She is a widow of a U.S. Marine veteran who was a Korean War veteran.

Arlene went to school in Missouri Valley, Iowa. She worked at Vickers Eaton’s as a machine operator in Omaha for 25 years. She also lived in Murray and in Grand Island, prior to coming to the Veterans’ Home. She has four sons.

Arlene has many hobbies including woodworking, refurbishing furniture, doing aerobics, watching Nebraska football and volleyball, playing Rummikub and other games, cheering on the Kansas City Royals baseball team, playing bingo, and attending a variety of musical and social activities. She states that, “Life is what you make it” and she enjoys the friendly atmosphere at the Veterans’ Home and getting to know the people here.

Congratulations, Arlene, for being selected “Member of the Month”!



In Memoriam

HOWARD HOSELTON

DON CROSBY

RICHARD GLOVER

WALTER HEYEN



Roaring 20's Party & Speakeasy!



"Gambling!"

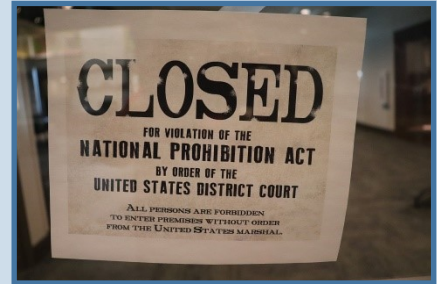
"Dancing!"

"Drinking!"

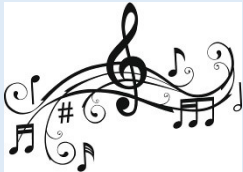
& "Raids!"



Sponsored by the American Legion Auxiliary Department of Nebraska!



Everyone Had A "Roaring" Good Time!



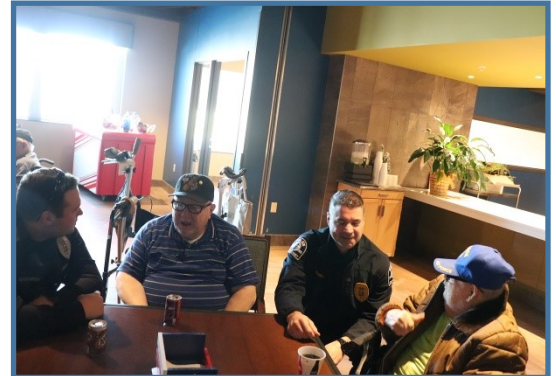
*Putting on
the Ritz!*



“Pop With A Cop” Meet & Greet Activity in the Foxhole Is A Hit With Officers & Members!



Members and local Law Enforcement Officers enjoyed sharing soda and conversation in the Foxhole.



American Legion and Auxiliary Sponsor the Monthly Merrymakers Concerts For All To Enjoy!



The multi-talented Paul Siebert performs on a variety of instruments and also shares his vast knowledge on the history of cowboy music.



Cards, Games & More—A Popular Event!



A great group of volunteers came to assist with implementing a variety of fun activities in each Neighborhood! Members enjoyed Wii Bowling, dominoes, jigsaw puzzles, and a wide range of card games! Several afternoons of socialization, competition, and laughter were made possible by these volunteers in January to beat the “winter doldrums”, and they will return on February 4th and 13th for more fun!



Chinese New Year Party: “Year of the Rat”



Red Envelopes Contained Surprise Bingo Coupons—Sponsored by the A.L. Auxiliary



FEBRUARY 2020

FACILITY RECREATION CALENDAR

Computer Lab
Available 24/7
In Library & Dens



FOXHOLE OPEN

Monday—Sunday

Foxhole Fun on Weekends: Chance to win free candy bar!

LIBRARY HOURS

The Library will be open 24/7 for Member access and computer use.



Staff available in the Library on Monday—Thursday 1:00—3:00 p.m. and Fridays 8—10 a.m.

Craft/Ceramics Shop Open Monday Wednesday Friday & Open Every 3rd Saturday of the Month
Woodshop Open Monday-Friday



Additional Activities available on each unit: Please view posted unit calendars.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 Valentines will be distributed throughout the month!						1 9:00—1:00—Fox Hole Fun
2 9:00—1:00—Fox Hole Fun 9:30 All Faiths Church Chapel 2:00 Valentine Party & Gift Distribution—VFW/MOC & Auxiliaries—Golf & Hotel Activity Rooms—All 5:30—Super Bowl—All Homes	3 1:30—3:30—Monday Malts Mania—Foxhole 7:00—Bingo—Freedom Hall—Kearney Leadership Group—HD	4 2:00—Cards, Games & More—All Neighborhoods	5 Noon Mealtimes—Candlelight Dinner for Alpha & Bravo Neighborhoods	6 9:30—Welcome Bingo & Tea—Freedom Hall 1:30—Merrymakers Concert—Billy Troy—Freedom Hall 2:45—Member Council—Gulf Activity Room	7 10:30 Catholic Services—Chapel—JM 2:30 Lutheran Church Services Chapel -JM	8 9:00—1:00—Fox Hole Fun 10:00—Bingo—Freedom Hall—Kearney Leadership Group—BP
9 9:00—1:00—Fox Hole Fun 9:30 All Faiths Church Chapel	10 7:00—Bingo—Freedom Hall—Kearney Elks—BP	11 2:00—Rootbeer Floats—All Neighborhoods	12 Noon Mealtimes—Candlelight Dinner for Delta, Echo & Foxtrot Neighborhoods	13 2:00 Cards, Games & More—All Neighborhoods	14 10:30 Catholic Services—Chapel—HD 2:30—Lutheran Services Chapel HD	15 8:00-noon & 1:00-4:00 Craft Dept. Open 9:00—1:00—Fox Hole Fun 2:00—Valentine Party—Freedom Hall—AL & Auxiliary District 10—SC HD KR
16 9:00—1:00—Fox Hole Fun 9:30 All Faiths Church Chapel	17 President's Day Holiday President's Day Trivia—all neighborhoods 9:00—1:00—Fox Hole Fun	18 10:30—Rosary—Chapel 2:00—Presidents Bingo—Freedom Hall—ALA 7:00 Bingo—Kearney VFW—HD	19 TBA—Wacky Wednesday!	20 TBA—UNK Basketball Game—JB BP	21 10:30 Catholic Services—Chapel—SC 2:30 Lutheran Church Services Chapel—SC	22 9:00—1:00—Fox Hole Fun 10:00 Bingo—Golf Activity Room—"Battle Grind Group"—JB
23 9:00—1:00—Fox Hole Fun 9:30 All Faiths Church Chapel	24 7:00—Bingo—Kearney DAV—Freedom Hall—JM	25 2:00—Mardi Gras Party—Freedom Hall—Kearney Elks	26 10:30 Catholic Ash Wednesday Service—Chapel	27 9:00—11:30—Quilting Group—Crafts 2:00—Leap Year Bingo—Freedom Hall—ALA	28 10:30 Catholic Services—Chapel—JB 11:00 Food Committee Meeting—Golf Activity Room 2:30 Lutheran Services—JB	29 9:00—1:00 Fox Hole Fun 10:00—Bingo—Freedom Hall—Methodist Youth Group—NK

CNVH Member Council Honors:

Arlene Hansen

Member of the Month

CNVH Member Council Honors:

Lynn de los Angeles

Employee of the Month



Mail To:



The Liberty Express is published monthly by Central Nebraska Veterans' Home,
4510 E. 56th Street, Kearney, NE 68847 (308) 865-6000

Administrator: Alex Willford

Editor: Nancy Klimek, Public Information Officer

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