

## **VETERANS & FIRST RESPONDERS EVENTS**

Come for one or two of the activites or plan to spend the day at the barn!



COFFEE HOUR 9AM - 10AM

Join us for a morning of coffee and connection inside the HETRA Barn. While you're here, you can enjoy watching our horses in action and see our beautiful facility.

## PROJECT TEAM 10AM - 12PM

The project team works with the HETRA staff and volunteers to tackle a facility project once a month. From painting benches or poles to gardening or landscaping, these projects help ensure our facility is ready for our participants.

These events are **FREE** to Veterans, Active Duty Military, First Responders, Spouse, significant others and caregivers (adults only please). Reservations are **required** and can be made through the website or QR code below.



## EQUINE EXPERIENCE EVENTS 1PM-4PM

This unique experience is designed to engage the senses, learn different communication techniques, and discover what we can learn from our equine partners that can assist us in everday life. This hands on activity will have you engaged in activities with the horses such as Herd Dynamics, Leading, and Grooming. HETRA offers a comfortable and supportive environment tailored to meet your needs.

This is **FREE** to Veterans, Active Duty Military, First Responders, Spouses, significant others, caregivers and children (5 years and older). Reservations are **required** and can be made through the website or QR code below.

## **REGISTER FOR AN UPCOMING DATE.**

JANUARY 19TH MARCH 15TH MAY 18TH JUNE 21ST



10130 S. 222nd Street, Gretna NE 68028

For more information visit HETRA.org or call 402.359.8830