

# Special Needs Unit Calendar of Events



## Norfolk Veterans' Home

Event times and places are subject to change.

### Location of Events Key

- R** – Recreation
- Room**
- C** – Chapel
- CT** – Courtyard



**Michelle Schommer**  
Activity Specialist Pod E  
Office number 402-370-4467



**Barber on Unit**  
Every other Tuesday Morning

**Canteen Hours:**  
8:15-11:30 & 12:00-4:00  
Weekdays  
Opens @ 8:30 on Wknds & Holidays

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 8:00 Catholic Mass-Channel 65 9:00 Our Savior Lutheran Church-Channel 65 10:00 Protestant Church Services-Channel 4 11:45 Lunch 2:00 Snacks 5:15 Supper</p>	<p>2</p> <p><b>LABOR DAY</b></p> <p>6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:30 Coffee Time 11:45 Lunch 2:00 TV Time 5:15 Supper</p>	<p>3</p> <p><b>Popcorn for Sale!</b></p> <p>6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:30 Trivia Talk 11:45 Lunch 3:00 Catholic Communion-C 5:15 Supper</p>	<p>4</p> <p>6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:30 Fellowship 11:45 Lunch 4:45 Group Exercise 5:15 Supper 6:00 NVH Car Show</p>	<p>5</p> <p>6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 11:00 Catholic Mass-C 11:45 Lunch <b>2:00 Bingo –RR</b> 5:15 Supper</p>	<p>6</p> <p>6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 9:30 Coffee Hour-Pod E 10:30 Rosary-C 11:45 Lunch 2:00 Music w/ Mike 5:15 Supper</p>	<p>7</p> <p>6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:30 TV Time 11:45 Lunch 2:00 Snacks 5:15 Supper 6:00 Lawrence Welk -Channel 27 <b>6:30 Colorado Buffaloes AT Nebraska on NBC</b></p>
<p>8</p> <p>6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 8:00 Catholic Mass-Channel 65 9:00 Our Savior Lutheran Church-Channel 65 10:00 Protestant Church Services-Channel 4 11:45 Lunch 2:00 Snacks 5:15 Supper</p>	<p>9</p> <p>6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:30 Mens Coffee 11:45 Lunch <b>2:00 Battle Creek Brass—RR</b> 4:45 Group Exercises 5:15 Supper</p>	<p>10</p> <p>6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:30 Ladies Devotions 11:45 Lunch 1:30 Pod E Bus Ride 3:00 Catholic Communion-C 5:15 Supper</p>	<p>11</p> <p>6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:30 Fellowship 11:45 Lunch 2:30 Memorial Service 4:45 Group Exercise 5:15 Supper</p>	<p>12</p> <p>6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:30 Coffee 11:45 Lunch 2:00 Music w/ Gladys 5:15 Supper</p>	<p>13</p> <p>6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 9:30 Coffee Hour-Pod E 10:30 Rosary-C 11:45 Lunch <b>2:00 Bingo—RR</b> 5:15 Supper</p>	<p>14</p> <p>6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:30 TV Time 11:45 Lunch 2:00 Snacks 5:15 Supper 6:00 Lawrence Welk -Channel 27 <b>6:30 Northern Iowa AT Nebraska on Big 10 Network</b></p>
<p>15</p> <p>6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 8:00 Catholic Mass on Channel 65 9:00 Our Savior Lutheran Church-Channel 65 10:00 Protestant Church Service-Channel 4 11:45 Lunch 2:00 Snacks 5:15 Supper</p>	<p>16</p> <p>6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:30 Mens Coffee 11:45 Lunch <b>2:00 Bingo—RR</b> 4:45 Group Exercise 5:15 Supper</p>	<p>17</p> <p>6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:30 Reminisce 11:45 Lunch 3:00 Catholic Communion-C 5:15 Supper</p>	<p>18</p> <p>6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:30 Fellowship 11:45 Lunch 2:00 Dessert Day 4:45 Group Exercise 5:15 Supper</p>	<p>19</p> <p>6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:30 Ladies Devotions 11:45 Lunch 2:00 Pod E Horse Races 5:15 Supper</p>	<p>20</p> <p>6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 9:30 Coffee Hour-Pod E 10:30 Rosary-C 11:45 Lunch <b>2:00 Bingo—RR</b> 5:15 Supper <b>7:00 Illinois AT Nebraska on FOX</b></p>	<p>21</p> <p>6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:30 TV Time 11:45 Lunch 2:00 Snacks 5:15 Supper 6:00 Lawrence Welk-Channel 27</p>
<p>22</p> <p><b>AUTUMN BEGINS</b></p> <p>6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 8:00 Catholic Mass on Channel 65 9:00 Our Savior Lutheran Church-Channel 65 10:00 Protestant Church Service-Channel 4 11:45 Lunch 2:00 Snacks 5:15 Supper</p>	<p>23</p> <p>6:00 Rise and Shine 7:30 Breakfast &amp; Grooming 10:30 Mens Coffee 11:45 Lunch 2:00 Corn Hole Toss 4:45 Group Exercise 5:15 Supper</p>	<p>24</p> <p>6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:30 Ladies Devotions 11:45 Lunch <b>2:00 Music w/ Fred—RR</b> 3:00 Catholic Communion-C 5:15 Supper</p>	<p>25</p> <p>6:00 Rise and Shine 7:30 Breakfast &amp; Grooming 10:30 Fellowship 11:45 Lunch <b>2:00 Bingo-RR</b> 4:45 Group Exercise 5:15 Supper</p>	<p>26</p> <p>6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:30 Coffee 11:45 Lunch 2:00 TV Time 5:15 Supper</p>	<p>27</p> <p>6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 9:30 Coffee Hour-Pod E 10:30 Rosary-C 11:45 Lunch <b>2:00 Bingo—RR</b> 5:15 Supper</p>	<p>28</p> <p>6:00 Rise and Shine 7:30 Breakfast &amp; Grooming <b>11:00 Nebraska AT Purdue (Station to watch is TBA)</b> 11:45 Lunch 2:00 Root Beer Floats 5:15 Supper 6:00 Lawrence Welk-Channel 27</p>
<p>29</p> <p>6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 8:00 Catholic Mass on Channel 65 9:00 Our Savior Lutheran Church-Channel 65 10:00 Protestant Church Service-Channel 4 11:45 Lunch 2:00 Snacks 5:15 Supper</p>	<p>30</p> <p>6:00 Rise &amp; Shine 7:30 Breakfast &amp; Grooming 10:30 Mens Coffee 11:45 Lunch <b>2:00 Fishing—Heroes Park</b> 4:45 Group Exercise 5:15 Supper</p>	<p><b>8:00 ROSARY ON CHANNEL 65 MONDAY-SATURDAY</b> <b>8:10 DAILY MASS ON CHANNEL 55</b></p>	<p><b>SEPTEMBER 2024</b></p> <p><i>“Members Living Well”</i></p>			

