



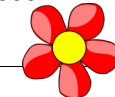
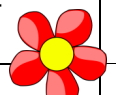





SNU Recreation & Leisure Opportunities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>1 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Trivia Talks 11:45 Lunch 2:00 Horse Races—RR 4:45 Group Exercises 5:15 Supper</p>	<p>1 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Ladies Devotions 11:45 Lunch 1:30 Coloring Spring 3:00 Catholic Communion-C 5:15 Supper</p> 	<p>2 Popcorn for Sale! 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Fellowship 11:45 Lunch 2:00 Ladies Manicures 4:45 Group Exercises 5:15 Supper</p>	<p>3 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Fellowship 11:45 Lunch 2:00 Ladies Manicures 4:45 Group Exercises 5:15 Supper</p>	<p>4 6:00 Rise & Shine 7:30 Breakfast & Grooming 11:00 Catholic Mass-C 11:45 Lunch 2:00 Music w/ Doris 5:15 Supper</p> 	<p>5 6:00 Rise & Shine 7:30 Breakfast & Grooming 9:30 Coffee & Rolls 10:30 Rosary-C 11:45 Lunch 2:00 Pod E Happy Hour 5:15 Supper</p>	<p>6 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 TV Time 11:45 Lunch 2:30 Snacks 5:15 Supper 6:00 Lawrence Welk Music Channel 19</p>	
<p>7 6:00 Rise & Shine 7:30 Breakfast 9:00 Our Savior Lutheran Service-Channel 65 11:45 Lunch 2:00 Snacks 5:15 Supper 6:00 Catholic Mass-Channel 55</p>	<p>8 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Reminiscence 11:45 Lunch 2:00 Battle Creek Brass—RR 4:45 Group Exercises 5:15 Supper</p> 	<p>9 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Ladies Devotions 11:45 Lunch 2:00 Pet Visit—RR 3:00 Catholic Communion-C 5:15 Supper</p>	<p>10 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Fellowship 11:45 Lunch 2:30 Spring Craft w/ the Kids 4:45 Group Exercises 5:15 Supper</p> 	<p>11 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 TV Time 11:45 Lunch 2:00 Snacks 5:15 Supper</p>	<p>12 6:00 Rise & Shine 7:30 Breakfast & Grooming 9:30 Coffee & Rolls 10:30 Rosary-C 11:45 Lunch 2:00 Bingo—RR 5:15 Supper</p>	<p>13 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:00 TV Time 11:45 Lunch 2:30 Snacks 5:15 Supper 6:00 Lawrence Welk Music Channel 19</p>	
<p>14 6:00 Rise & Shine 7:30 Breakfast 9:00 Our Savior Lutheran Service-Channel 65 11:45 Lunch 2:00 Snacks 5:15 Supper 6:00 Catholic Mass-Channel 55</p> 	<p>15 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Coffee Talk 11:45 Lunch 2:00 Bingo—RR 4:45 Group Exercises 5:15 Supper</p>	<p>16 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Ladies Devotions 11:45 Lunch 2:00 Canteen Visits 3:00 Catholic Communion-C 5:15 Supper</p>	<p>17 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Fellowship 11:45 Lunch 2:00 Music w/ Dan—RR 4:45 Group Exercises 5:15 Supper</p>	<p>18 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 TV Time 11:45 Lunch 2:30 Snacks 5:15 Supper</p> 	<p>19 6:00 Rise & Shine 8:00 Breakfast & Grooming 9:30 Coffee & Rolls 10:30 Rosary-C 11:45 Lunch 2:00 Outside Clean-up 5:15 Supper</p>	<p>20 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:00 TV Time 11:45 Lunch 2:00 Snacks 5:15 Supper 6:00 Lawrence Welk Music Channel 19</p>	
<p>21 6:00 Rise & Shine 7:30 Breakfast 9:00 Our Savior Lutheran Service-Channel 65 11:45 Lunch 2:00 Snacks 5:15 Supper 6:00 Catholic Mass-Channel 55</p>	<p>22 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Trivia Talk 11:45 Lunch 2:00 Horse Races 4:45 Group Exercises 5:15 Supper</p>	<p>23 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Ladies Devotions 11:45 Lunch 2:00 Canteen Visits 3:00 Catholic Communion-C 5:15 Supper</p>	<p>24 HAPPY BIRTHDAY! 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Fellowship 11:45 Lunch 2:00 Birthday Bingo—RR 4:45 Group Exercises 5:15 Supper</p>	<p>25 6:00 Rise & Shine 7:30 Breakfast & Grooming 9:30 Coffee & Rolls 10:30 Rosary-C 11:45 Lunch 2:00 Pod E Bus Ride 5:15 Supper</p>	<p>26 Arbor Day 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:00 TV Time 11:45 Lunch 2:30 Snacks 5:15 Supper</p> 	<p>27 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:00 TV Time 11:45 Lunch 2:30 Snacks 5:15 Supper 6:00 Lawrence Welk Music Channel 19</p>	
<p>28 6:00 Rise & Shine 7:30 Breakfast 9:00 Our Savior Lutheran Service-Channel 65 11:45 Lunch 2:00 Snacks 5:15 Supper 6:00 Catholic Mass-</p>	<p>29 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Good Old Days 11:45 Lunch 2:00 Pie Social 4:45 Group Exercises 5:15 Supper</p>	<p>30 6:00 Rise & Shine 7:30 Breakfast & Grooming 10:30 Ladies Devotions 11:45 Lunch 2:00 Bingo—RR 3:00 Catholic Communion-C 5:15 Supper</p> 	<p>8:00 DAILY ROSARY MONDAY-FRIDAY CHANNEL 55</p>	<h1>April 2024</h1> <p>“Member’s Living Well”</p>			



Norfolk Veterans' Home

Location of Events Key:
R-Recreation Room
C – Chapel

**Event times and places are subject to change.*
****All outdoor activities are weather permitting.**



Michelle Schommer
Activity Specialist
Pod E
402-370-4467

Haircuts on the Unit
Every other Tuesday mornings

Canteen Hours:
8:15-11:30 & 12-4:00
Weekdays
Open at 8:30-11:30 & 12:00-4:00 on Weekends & Holidays

