

To honor all
who stand up
and speak out
for freedom &
liberty!



Liberty Express

Central Nebraska Veterans' Home, 4510 E. 56th St., Kearney, NE 68847 (308) 865-6000

April 2024

It Feels Like Spring at Central Nebraska Veterans' Home ***-Jessica Modlin, Activity Manager***

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As we move into April we hope that it will start to feel like spring at CNVH. As the weather starts getting nice outside members will start getting out more and enjoying our beautiful campus.

The week of April 21st to April 27th is National Volunteer Week.

We have many volunteers that come into our facility to help with different activities. We have individual volunteers and group volunteers. If you see a volunteer this month, please say an extra thank you for coming out and helping us. We couldn't do the activities that we do without our volunteers.



Some of the facility activities are listed below, please refer to your neighborhood calendars for activities taking place in your neighborhoods.

Please join us:

****Monday April 1st at 10:30 am-
Lutheran Easter Service with
Rev. Nick Whitney-Chapel***

****Tuesday April 2nd at 7:00 pm-
Piano Recital with Holy Cross
Group-Freedom Hall***

****Thursday April 4th @ 2:30 pm
Root Beer Float Social and
Member Council Meeting-
Freedom Hall***

****Tuesday April 9th at 2:30 pm
Barista Hour-Freedom Hall-
Sponsored by the ALA***

****Tuesday April 16th at 2:30 pm
Spring Pie and Ice Cream So-
cial-Freedom Hall-Sponsored
by the Custer County ALA***

****Tuesday April 23rd at 2:30 pm
Happy Hour and Appetizers-
Freedom Hall-Sponsored by the
ALA***

****Tuesday April 30th at 2:30 pm
Merrymakers Concert with
Mary Link-Freedom Hall-
Sponsored by ALA***

Location of activities may change depending on if there is a Covid outbreak status in the building. Posters will be posted of any changes.



GOVERNOR
JIM PILLEN

DEPARTMENT OF VETERANS' AFFAIRS DIRECTOR
JOHN HILGERT

CENTRAL NEBRASKA VETERANS' HOME ADMINISTRATOR
DORIN C. VAIPAN



Message from the Administrator

Each year during the month of March, CNVH expects the U. S. Department of Veterans' Affairs annual survey however, the surveyors did not come yet. I am sure our teammates are getting nervous and want this done as soon as possible. We will be ready for when they come.

At the time we all thought that winter was gone and formally spring began on March 20th, Mother Nature decided to show us how unpredictable she can be. On March 25th and 26th, a strong winter blizzard plowed the central plains putting CNVH and its staff to trial, commuting on icy roads with low visibility due to blowing snow as well as bitter cold temperatures. Our hopes though are that this was the last manifestation of winter until the Spring truly takes over.



Some of our teammates took a moment to pose for a Shenanigans Squad group photo, creating a green environment leading up to members' St. Patrick's Day activities. Also, check the green bowtie on the Administrator's upper and lower photos.



Member Council Employee of the Month Ken Jensen - Business Office

Ken has been a dedicated Accountant for 53 years, starting with GIVH and moving to CNVH with us in 2019. The tellers at the bank always trust his deposits and when something doesn't add up for them, they always re-count due to their history in working with Ken, and knowing Ken is always correct on his deposits. Good job Ken!

Member of the Month:

Ron York

Ron was selected as the “Member of the Month” by the CNVH Member Council. Ron has lived at CNVH for three years. Ron has two kids and has two sisters. Ron was born in Grand Island and has lived in Kearney, Gothenburg and Scotia. Ron attended college at Kearney State College and his major was Art. Ron was a photographer, but also started shining shoes when he was 12 years old. In addition he worked a milk route and worked in grocery stores. Ron was also an artist. When Ron was in the service he was in the Marine Corps and Army Reserves.



Ron enjoys spending his leisure time doing art things, drawing, hunting and fishing. Ron has also been involved with the American Legion, VFW and Odd Fellows.

When Ron was asked what do you like best about living at CNVH he stated, “People are friendly and easy to get along with”. Congratulations, Ron on being selected “Member of the Month”!

In Memoriam

Roy Flies

Bruce Antonson

Ellamae Moseley

John Behrendt

Lynn Mason

Donald Mostek

Delores Meyer

Don Rice

Marlin Heiden



VA Geriatric Psychiatry Pilot program coming to our home

We're very excited about a new pilot program coming to our home!

We're one of four State Veterans Homes (SVHs) partnering with the Department of Veterans Affairs (VA) to bring geriatric mental health services to our older adult Veterans residing at CNVH who may be experiencing anxiety, depression, or other late-life mental health concerns.

These services will be available under Section 163 of the [Cleland-Dole Act](#), which was enacted on December 29, 2022. This law requires VA to establish a two-year pilot program of geriatric psychiatry assistance to eligible Veterans at SVHs where it may be challenging to access these services due to location or lack of qualified specialists in the area.

Services will be delivered virtually using VA telehealth technology. This video conference technology allows VA geriatric mental health specialists to have clinical visits with Veterans, their families, or SVH team members as appropriate and provide recommendations to our SVH care team.

The pilot will supplement on-site care to Veterans living in these four SVHs:

[Central Nebraska Veterans' Home](#), Kearney, Nebraska

[Norfolk Veterans' Home](#), Norfolk, Nebraska

[New Hampshire Veterans Home](#), Tilton, New Hampshire

[Maine Veterans' Home](#), Bangor, Maine

The pilot will complement our existing mental health services by providing specialist support, including medication evaluation and recommendations, short-term psychotherapy, and guidance for addressing behavioral distress and improving the quality of life for our Veterans.

We are excited to partner with VA to bring this innovative pilot program to our home and are looking forward to the results.

For more information, contact ADON Lynn de los Angeles at 308-865-3570.

Vietnam War Veterans Day

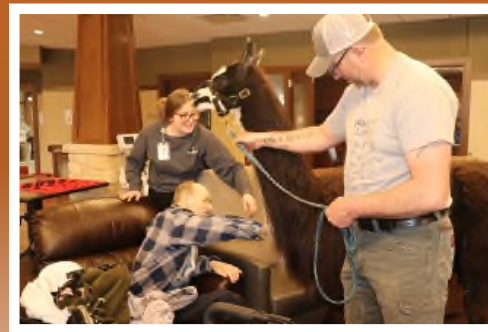
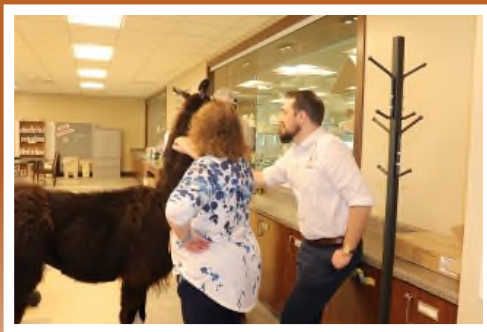
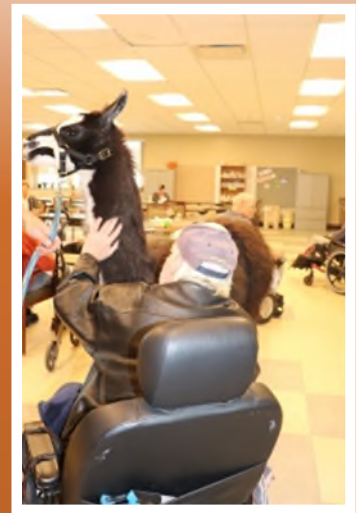
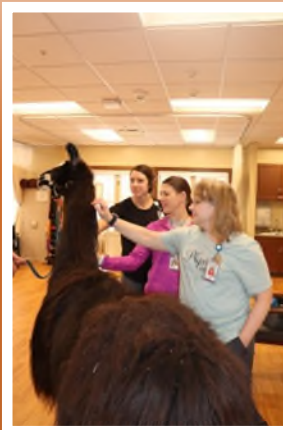
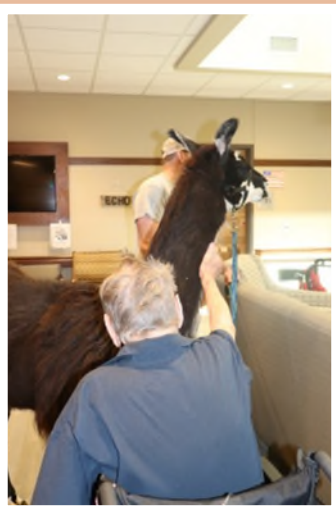
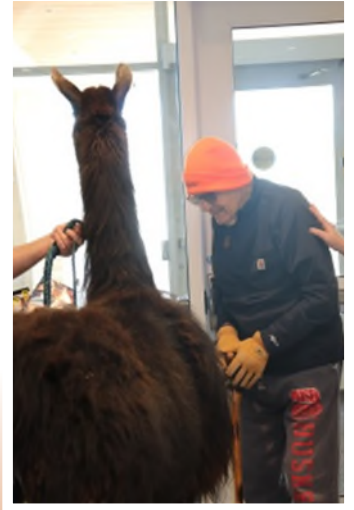
On March 29th we recognized Vietnam Veterans for their sacrifice and their service. Administrator Dorin Vaipan and Activity Specialist Joe Ballou shared Governor Jim Pillen's proclamation declaring March 29th as Vietnam War Veterans Day in the State of Nebraska. They presented each Vietnam Veteran with a certificate and a Vietnam Veteran lapel pin.



Therapy Llama

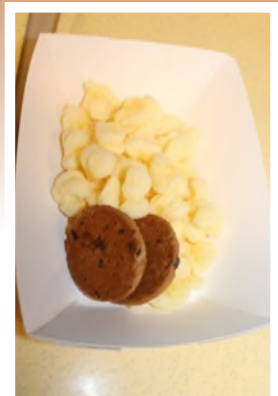
The members enjoyed an afternoon with "Moon", a therapy llama that came to the facility.

There was a lot of quality petting time with the four-legged visitor and smiles on everyone's faces!



Barista Hour

The members enjoyed an afternoon with different flavors of coffee and teas and some snacks. Barista Hour was sponsored by the American Legion Auxiliary.



Read Across America

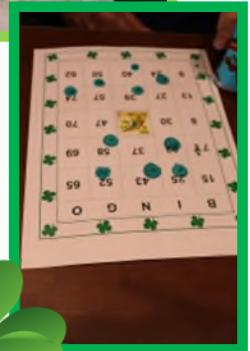
March featured two mornings with kids from Family Suite Learning Center Childcare and Preschool for Read Across America. The kids came to the facility and members took turns reading Dr. Seuss books to them. The kids also did a craft afterwards.



St. Patrick's Day



Members enjoyed playing St. Patrick's Day Bingo sponsored by the Rooted in Life Group from Kearney eFree Church. The leprechaun brought luck to the members during bingo.



Merrymakers Concert



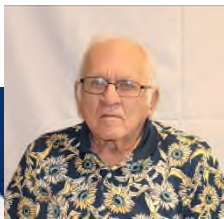
The Merrymakers Concert performer for March was Mark Irvin. Members enjoyed the concert that Mark put on. This activity was sponsored by the American Legion Auxiliary.



CNVH Member Council Honors:

Ron York

Member of the Month



CNVH Member Council Honors:

Ken Jensen

Employee of the Month



Mail To:



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4510 E. 56th Street, Kearney, NE 68847 (308) 865-6000
Administrator: Dorin C. Vaipan
Editor: Jessica Modlin, Public Information Officer
Printing: Reception
Newsletter on line: <https://veterans.nebraska.gov/cnvh>